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ONLINE CLINICIAN EDUCATION RESULTS IN PERFORMANCE CHANGES IN CLINICAL PRACTICE RELATED TO PATIENT-CENTERED CARE FOR NEWLY DIAGNOSED MULTIPLE MYELOMA

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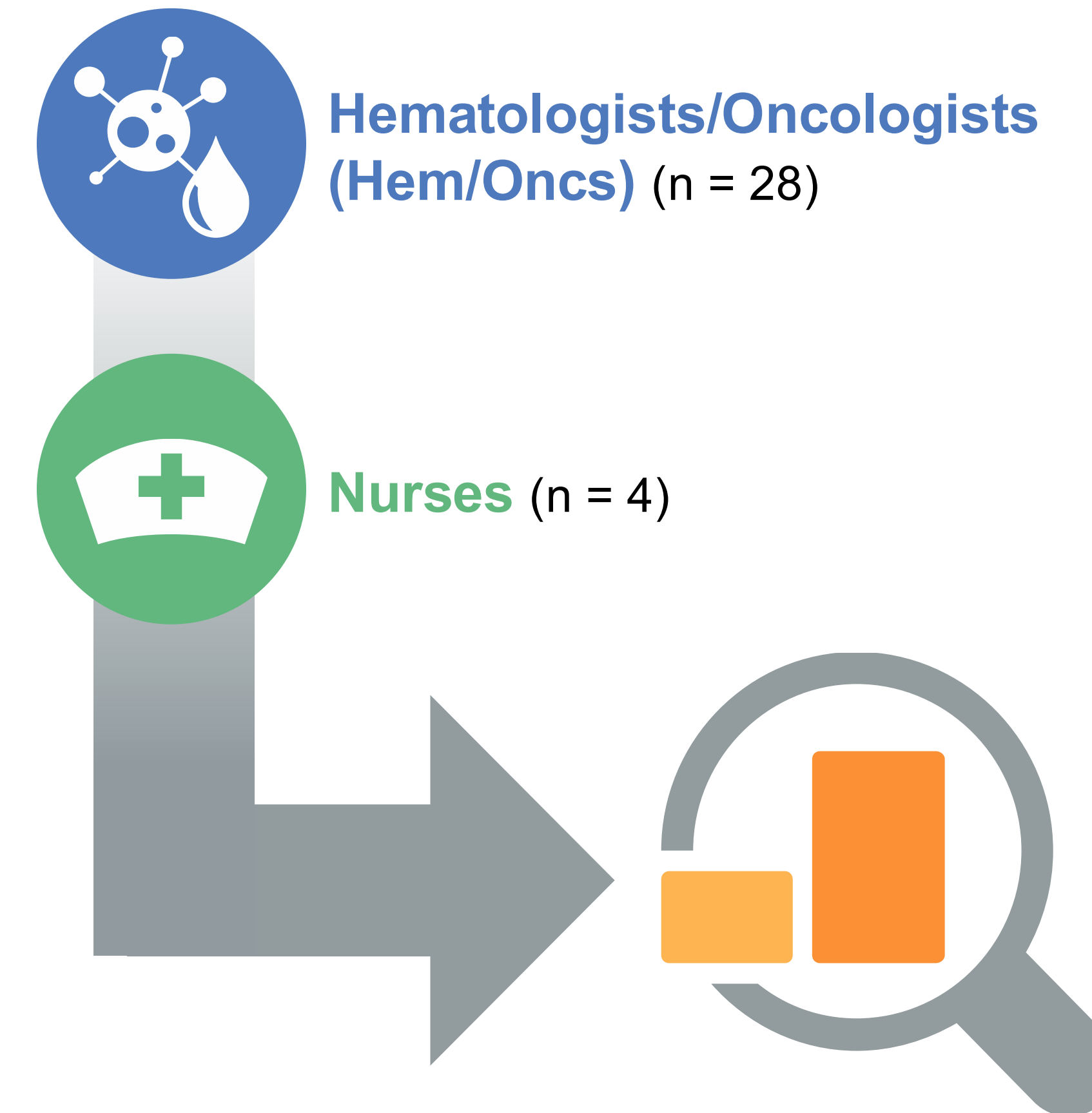
BACKGROUND & PURPOSE

The management of newly diagnosed multiple myeloma (NDMM) is becoming increasingly complex and should be tailored to the individual patient. This study examined whether online continuing medical education (CME) focused on patient-centered care would result in the adoption of new clinical practices for managing NDMM with triplet or quadruplet therapy.



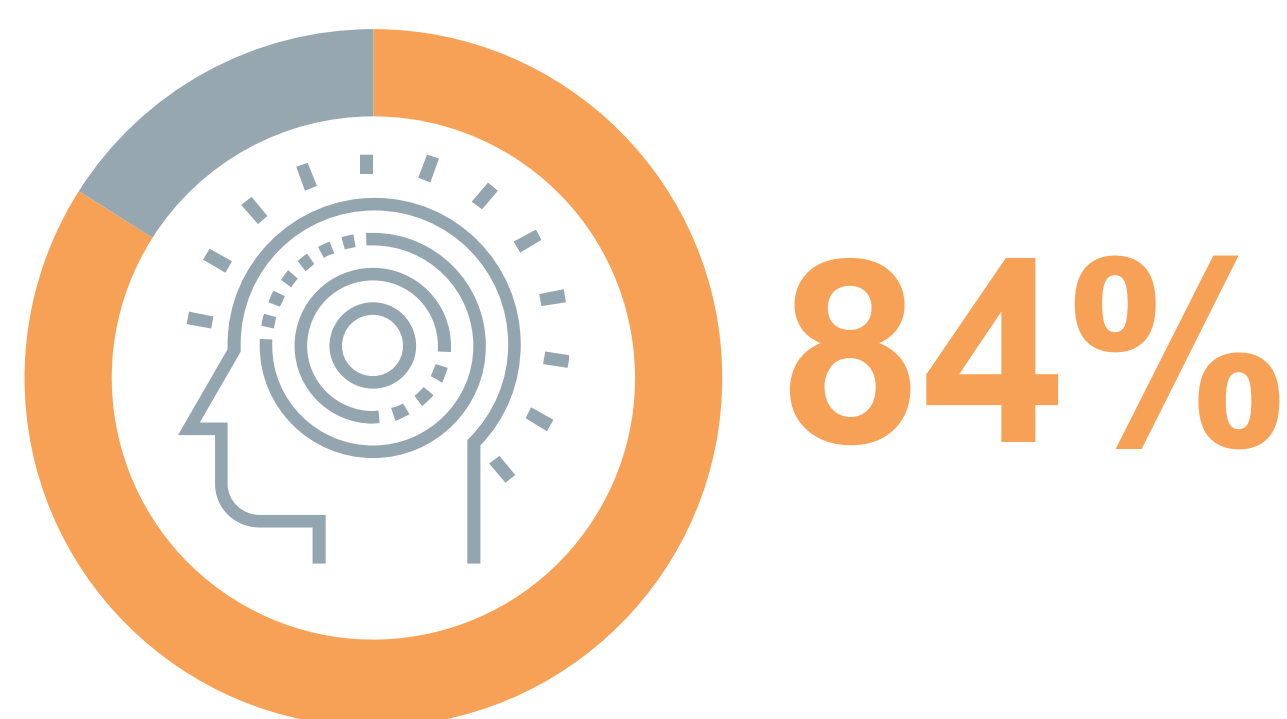
METHODS

Clinicians participated in a 30-minute segmented online multimedia activity consisting of a video discussion between two MM experts and a MM patient advocate. Performance in the real world was assessed at 30-60 days post-education for learners in the target audiences. Learners in the first 3 months were invited to complete a survey identifying practice changes. Each respondent reported for each possible practice whether they were a) implementing for the first time or had modified it due to education, b) already doing it prior to education, or c) not doing it before or after education. They also indicated barriers they experience at least "some" of the time for each practice. The activity launched on May 8, 2024. The data were collected from 08/05/2024 to 02/03/2025.

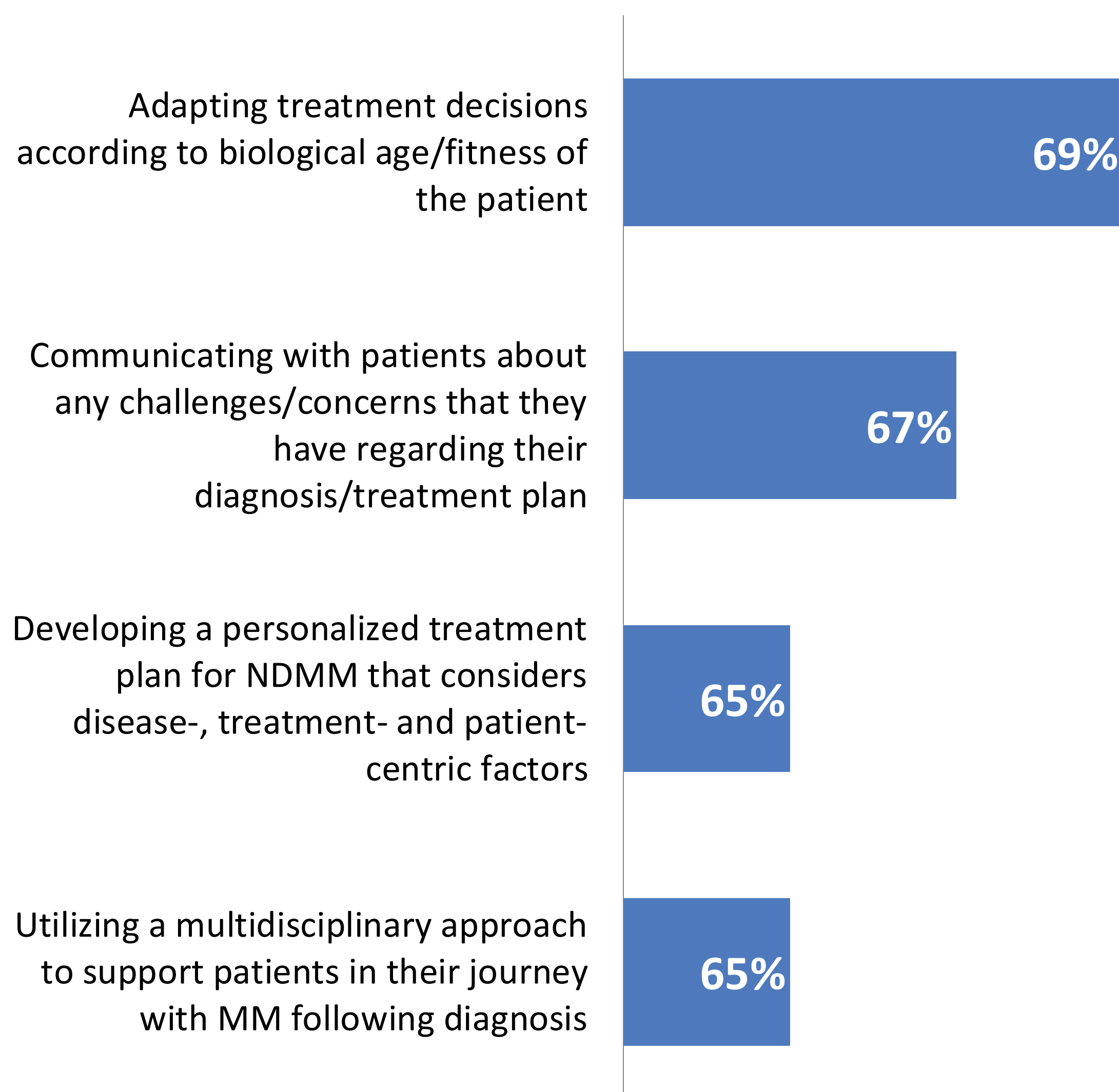


RESULTS

Analysis showed that 84% of learners made a practice change or had practices reinforced due to education.



Top practice changes modified or implemented because of education



Main barriers to implementing practice changes identified by the learners

- Lack of access to available resources when considering adapting treatment decisions
- Lack of understanding of the challenges faced by patients
- Lack of understanding of how to empower patients in shared decision-making
- Lack of time when communicating with patients about any challenges/concerns that they have regarding their diagnosis/treatment plan



CONCLUSION

The practice changes identified in this assessment provide compelling evidence that participation in online CME prompts adoption of changes in patient-centered care for NDMM. Future education is needed to address the barriers identified in this assessment.

REFERENCES

Mohty M et al. Patient-Centered Care in Newly Diagnosed Multiple Myeloma: Navigating Triplet and Quadruplet Therapy. Launched May 2024. Data as of March 2025. www.medscape.org/viewarticle/1001477

ACKNOWLEDGEMENTS & CONTACT

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