



The 12th World Congress on
CONTROVERSIES IN MULTIPLE
MYELOMA (COMy)

RISK STRATIFICATION AND EARLY PROGRESSION PATTERNS IN MONOCLONAL GAMMOPATHY OF UNDETERMINED SIGNIFICANCE

A 10-YEAR SINGLE-CENTER EXPERIENCE FROM TUNISIA

N.BenSaid, A.BenAmor, R.chokri, A.Rahal, W.cherif, W.Chanbeh, M.Guermazi, N.Sassi, W.sahtout, H.Regai, Z.Kmira, N.BenAicha, W.Moatamri

Department of Clinical Hematology, Farhat Hached University Hospital, Sousse, Tunisia
Department of Nephrology, Sahloul University Hospital, Sousse, Tunisia

INTRODUCTION

Monoclonal Gammopathy of Undetermined Significance (MGUS) is a premalignant plasma cell disorder defined by:

- Serum monoclonal protein < 30 g/L
- Bone marrow plasma cells < 10%
- Absence of CRAB / SLiM criteria (IMWG guidelines)

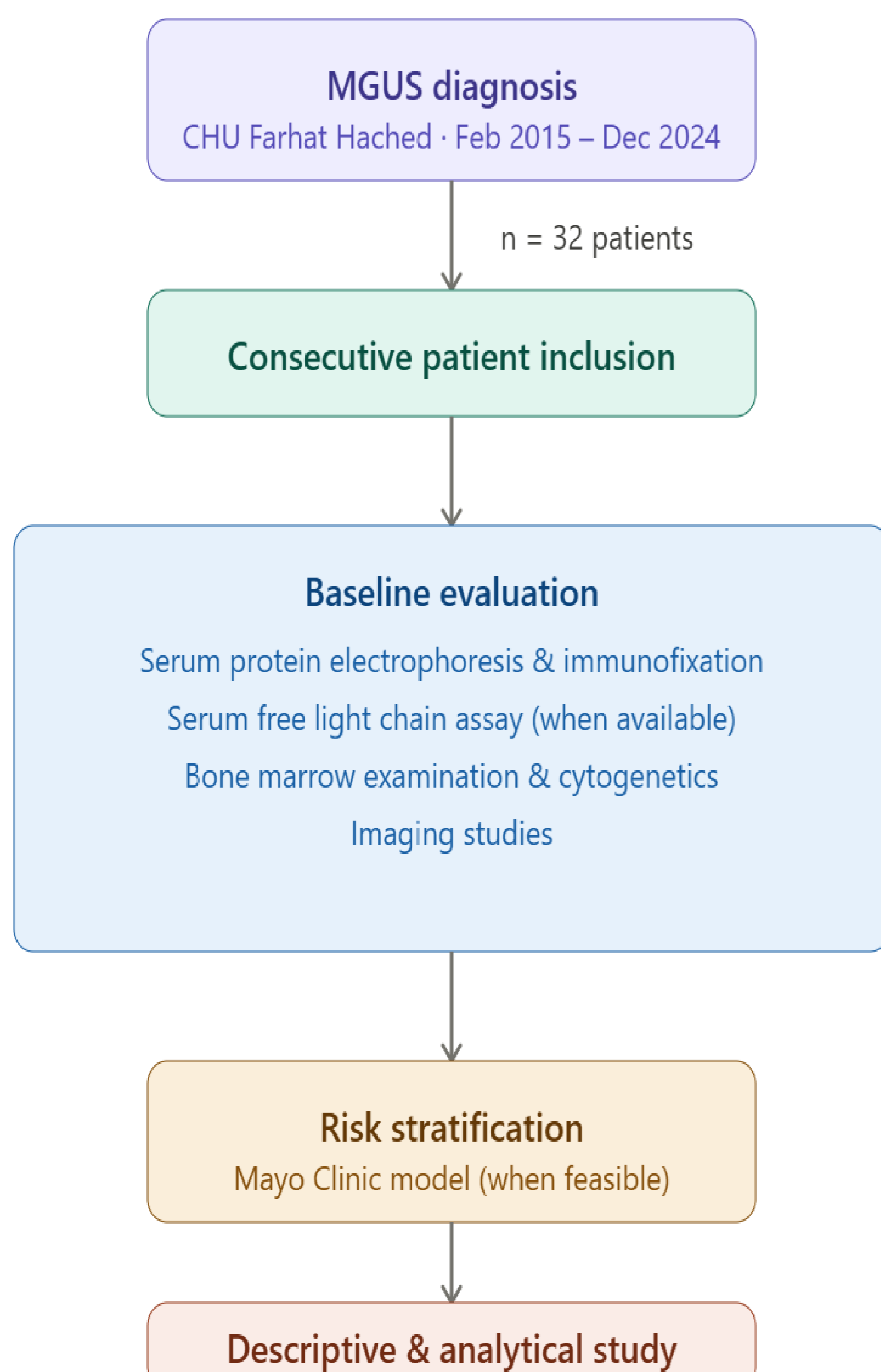
Despite its indolent course, MGUS carries a **lifelong risk of progression** to Multiple Myeloma (MM) or related plasma cell disorders, necessitating **risk-adapted surveillance**.

AIMS

•Evaluate baseline clinical and biological parameters associated with **early progression** in MGUS

•Assess the applicability of **risk stratification models** in a real-world single-center cohort

METHODS



RESULTS

Median age 70 years (34–103)	Incidental detection 56.3% of cases	M-protein detected 81.3% predominantly IgG	Progression to MM 6.3% 2 / 32 patients	sFLC tested 22% no abnormal κ/λ ratio
---	--	---	---	--

Table 1. Baseline characteristics and outcomes in MGUS/MGUS-like patients

Progression to symptomatic MM in MGUS cohort (n=32)

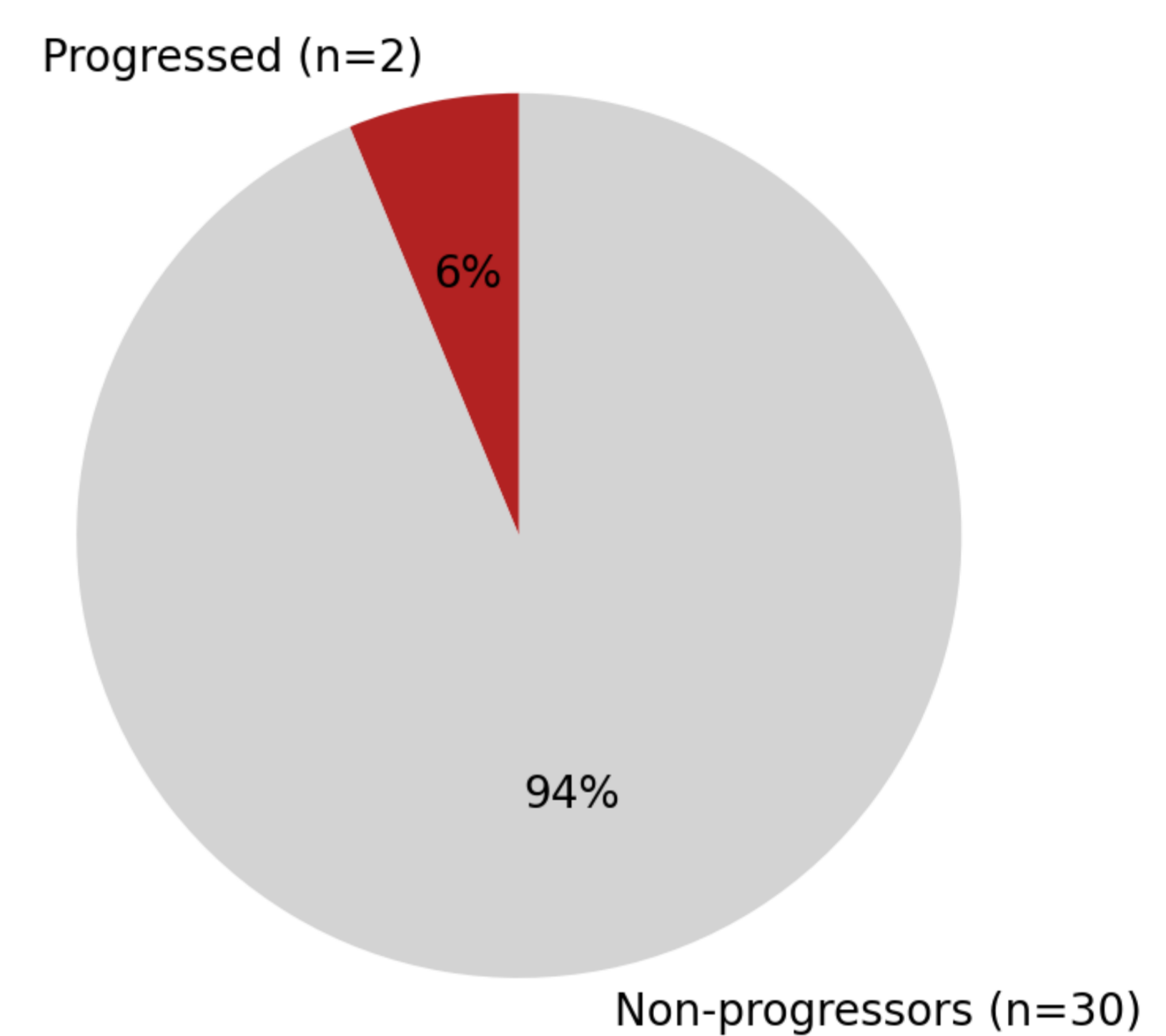


Figure 1. Progression to symptomatic MM in MGUS cohort

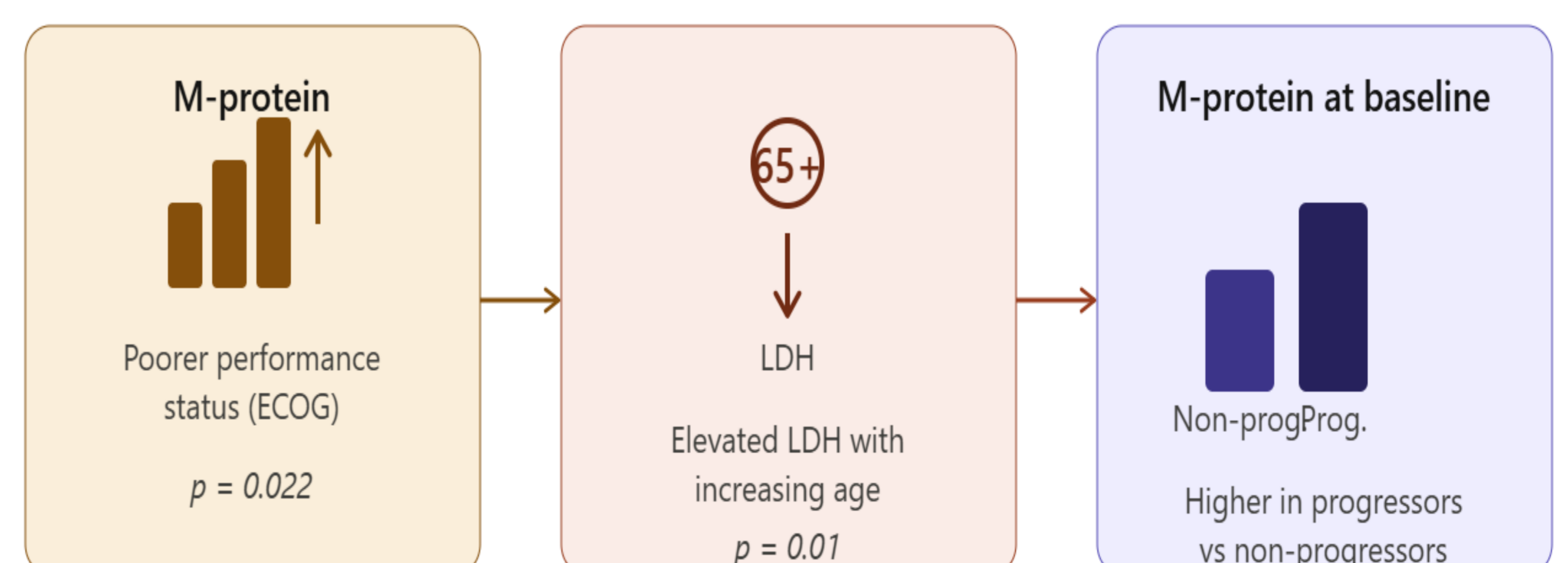


Figure 2. Laboratory and clinical correlations in MGUS cohort

CONCLUSION

- MGUS followed an overall indolent course, with early progression occurring in a minority of patients.
- These findings highlight the importance of systematic baseline risk stratification and structured long-term follow-up to enable early detection of malignant transformation, particularly in resource-limited settings